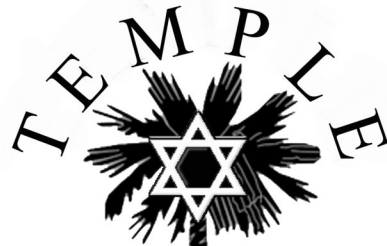




Happy  
SIMCHAT  
TORAH



SHALOM



October 2023

A Reform Congregation

Volume 17 Issue 4

Dr. Rick Hanson, a clinical psychologist, writes a free weekly e-newsletter, [Just One Thing](#), "which offers a simple practice taking only a few minutes to help you feel greater happiness, love, and wisdom." His email arrived the day after I received some terrible news from a friend about a member of her family. The title of the email – Be At Peace With the Pain of Others.

He begins his article writing: "Humans are an empathic, compassionate, and loving species, so it is natural to feel sad, worried, or fiery about the troubles and pain of other people. (And about those of cats and dogs and other animals, but I'll focus on human beings here.)"

Here is an excerpt from the article explaining how to be more at peace with the pain of others: "You've probably had the experience of talking with someone about something painful to you. Still, this person was so rattled by your pain that he or she couldn't just listen, and had to give you advice, say you were making a big deal out of nothing, or jump out of the conversation, or even blame you for your own pain!

In other words, when others are not at peace with our pain, they have a hard time being open, compassionate, supportive, and helpful with it. And the reverse is true when we are not at peace with the pain of others.

So how do you do it? How do you find that sweet spot in which you are open, caring, and brave enough to let others land in your heart . . . while also staying balanced, centered, and at peace in your core?

How?

Keep a warm heart

Let the pain of the other person wash through you. Don't resist it. Opening your heart, finding compassion – the sincere wish that a being not suffer – will lift and fuel you to bear the other's pain. We long to feel received by others; turn it around: your openness to another person, your willingness to be moved, is one of the greatest gifts you can offer.

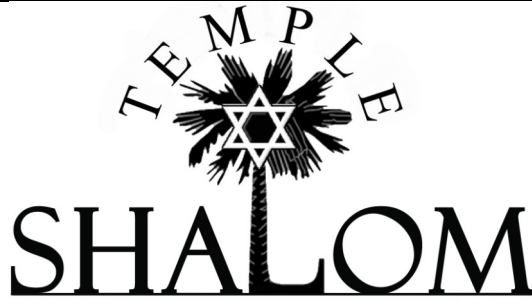
To sustain this openness, it helps to have a sense of your own body. Tune into breathing, and steady the sense of being here with the other person's issues and distress over there.

Have a heart for yourself as well. It's often hard to bear the pain of others, especially if you feel helpless to do anything about it. It's OK if your response is not perfect. When you know your heart is sincere, you don't have to prove yourself to others. Know that you are truly a good person; you are, really, warts and all, and knowing this fact will help you stay authentically open to others.

Do what you can

Nkosi Johnson was born in South Africa with HIV in 1989, and he died 12 years later – after becoming a national advocate for people with HIV/AIDS. I think often of something he said, paraphrased slightly here: "Do what you can, with what you've been given, in the place where you are, with the time that you have."

Hope Sachwald



## A Reform Congregation

4023 Belle Terre Blvd  
Myrtle Beach, SC 29579  
(843) 903-ONEG (6634)

David Weissman Rabbi

[TempleShalommb.org](http://TempleShalommb.org)

## SHABBAT SERVICES

We meet at 4023 Belle Terre Blvd., Myrtle Beach, SC 29579.

Our **Friday evening** services begin at 7:30pm. Saturday at 10:30 AM. Members who cannot physically attend Friday night or scheduled Saturday services can view services via Zoom. Contact [President@templeshalommyrtlebeach.org](mailto:President@templeshalommyrtlebeach.org) to request a Zoom invitation.

### A word from our Rabbi

At the Sorbonne in Paris in 1910, Theodore Roosevelt delivered a speech entitled, "The Man in the Arena." The following is an excerpt from that speech: *It's not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, who comes short again and again, because there is no effort without error and shortcoming; but who does actually strive to do the deeds; who knows great enthusiasms, the great devotions; who spends himself in a worthy cause; who at the best knows in the end the triumph of high achievement, and who at the worst, if he fails, at least fails while daring greatly, so that his place shall never be with those cold and timid souls who neither know victory nor defeat.*

What Theodore Roosevelt was saying is that the world is filled with critics – people who sit on the sidelines and criticize the people who are the doers – people who get things done. People who are doers don't always get things right. They make mistakes. It's only human to make mistakes. But the doers are the ones who make the world a better place. Sometimes they succeed and sometimes they fail. But they're the ones who are willing to try. They're the ones who work on behalf of a worthy cause, who strive to make things better

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for their fellow human beings. Without people who are doers, nothing would be accomplished in this world. Without people who are willing to volunteer countless hours of their time, nothing would ever get done.

Now the critics neither succeed nor fail. They don't put themselves out or extend themselves. They play it safe. They don't experience victory or defeat. They just complain. They don't experience the triumph of high achievement or the disappointment of failure. They just complain or gloat when someone who is a doer fails.

But nothing in this world would ever get accomplished if we didn't have people who were willing to be doers – who were willing to exert themselves on behalf of a particular cause – who were willing to put themselves out to get things done – who were willing to risk failure in order to achieve a worthy goal.

And I think we should ask ourselves – Am I a doer or a critic? Do I try to get things done? Do I try to accomplish something? Or do I just sit on the sidelines and criticize those who work on behalf of a worthy cause? It's easy to criticize. It's much more difficult and much more meritorious to volunteer to be a doer.

This doesn't mean that we shouldn't make suggestions. Constructive suggestions are always in order and those who are in charge should always welcome constructive suggestions. A leader can always benefit from the insights of other people.

But all too often, people just criticize without even making those in charge aware of their criticisms. If you think something is wrong, speak up and make a suggestion on how the situation can be improved.

But I think we all owe a debt of gratitude to the doers in this world. They may not be perfect, but without them nothing would get done.

*Rabbi David Weissman*



# MAH JONGG MARATHON

**Thursday, OCTOBER 26, 2023**

at 4023 Belle Terre Blvd.\*

(Near Forestbrook & Rt. 501 with *parking and entrance behind the building*)

**Doors open at 9:30 a.m. – Games start at 10:00 a.m.**

COFFEE, MORNING SNACKS, AND  
A FULL **CHINESE BUFFET** LUNCH IS INCLUDED

We will follow CDC guidelines when serving the food.

There will be PRIZES and a 50/50 drawing.

**Admission is \$25.00 per person.**

**Your payment is your reservation.**

***SPACE IS LIMITED - MAKE YOUR RESERVE EARLY –  
DEADLINE is October 19, 2023***

*NO REFUNDS after October 19, 2023*

**To pay by check:** Please mark the envelope or check “Mah Jongg” and mail your check to:  
Temple Shalom, 4023 Belle Terre Blvd., Myrtle Beach, SC 29579

**To pay via PayPal:** Please go to our website [www.TempleShalomMB.org](http://www.TempleShalomMB.org), click on Donations. Complete form (be sure to select Mah Jongg Marathon from drop down menu) and payment information. NOTE: There will be an additional charge to cover the PayPal processing fees.

**BRING YOUR MAH JONGG SET and YOUR 2023 CARD**

***\* Temple Shalom is firmly committed to protecting the health and safety of our members and guests.***

***All first-time guests will be required to show their ID in order to enter the building.***

***PLEASE DO NOT ATTEND IF YOU DO NOT FEEL WELL FOR ANY REASON.***

Questions? Please call/text us at (843) 903-6634.



# COMING TO THE CAROLINAS: A JEWISH HISTORY



Presented by the Carolina Region Small  
Congregations cohort in cooperation with  
the Jewish Community Legacy Project (JCLP)



October  
**18th**  
2023  
7:00pm

## FEATURING



**Leonard Rogoff**

**PRESIDENT  
JEWISH HERITAGE  
NORTH CAROLINA**

A poor agrarian state, with few navigable rivers or major cities, North Carolina was thought not to have a Jewish history relative to its neighbors north and south. Yet, Jews have been here from the first -- 1585, in fact.

From the port cities of the Old South to the mill and market towns of the New, Jews have called North Carolina home, now in historically large numbers in our thriving Sunbelt centers.



**Rachel Barnett**

**EXECUTIVE DIRECTOR  
JEWISH HISTORICAL SOCIETY OF  
SOUTH CAROLINA**

For more than 300 years, Jewish people have made their homes in South Carolina. Welcomed as traders and merchants, they settled first in Charleston, Georgetown, and Beaufort, but soon looked beyond the port cities for opportunities to sell goods and set up shop. More than 100 years later, few of the founding families remain behind the counter, but the pioneer generation lives on in the memories of the descendants.

**Register in Advance for this meeting:**

**CLICK HERE**



## What's Happening at Temple Shalom October 2023

### Shabbat Services

Friday 10/06/2023	Shabbat services/Yizkor
Saturday 10/07/2023	Shmini Atzeret/Simchat Torah
Friday 10/13/2023	Shabbat services
Friday 10/20/2023	Shabbat services
Saturday 10/21/2023	Shabbat services
Friday 10/27/2023	Shabbat services

If you would like to participate in the mitzvah of leading the English or delivering a sermon at a Friday evening service, please contact TempleShalomMBPresident@gmail.com. If you are unable to stand to do the service, accommodations will be made.

### SAVE THE DATES

Friday 10/06/2023 at 7:30 P.M. Shabbat services/ Shmini Atzeret/Yizkor Service

Saturday 10/07/2023 at 10:30 A.M. Shabbat/Shmini Atzeret/Simchat Torah & Kiddush

Once again, we will be offering members the use of the Sukkah for meals with family and friends during the week of September 30 – October 6, 2023. Reservations must be made in advance; contact Hope (TempleShalomMBPresident@gmail.com).

Food, drinks, clean-up, and trash removal are the responsibility of the attendees.

On Sunday, October 15 at 11:30 A.M., we are sponsoring a member only event. The topic is safety initiatives. Following a light bagel and nosh brunch, we will have AED training. We will also learn about the safety changes to the building, take a tour of the building and grounds, have fun and win prizes with games about our building and enjoy each other's company. Contact Hope (TempleShalomMBPresident@gmail.com) to reserve your spot.

**Wednesday, October 18, 7:00 pm.** COMING TO THE CAROLINAS: A JEWISH HISTORY Presented by the Carolina Region Small Congregations cohort in cooperation with the Jewish Community Legacy Project (JCLP). Leonard Rogoff and Rachel Barnett will speak respectively about the North Carolina and South Carolina Jewish experience. See the flyer with the link to register.

Our next learning session with Rabbi David will be on **October 23** at 10:30 A.M. via Zoom. The topic is ANTI-SEMITISM FROM THE GOSPEL OF MATTHEW IN THE NEW TESTAMENT TO MODERN TIMES. A zoom link will be sent to all members.

Our Fall Mah Jongg Marathon is on Thursday, October 26. If you have any questions, contact TempleShalomMBPresident@gmail.com.

On November 5 at 4:30, we are gathering at RIOZ in NMB to celebrate Temple Shalom's 18<sup>th</sup> (chai) birthday. Flyers have been sent to members.

Our next Lunch Bunch is scheduled for 12:30 on November 9 at Sol y Luna followed by the book club meeting at 2:00 at the Temple. We will be reading Crazy to Leave You by Marilyn Simon Rothstein. This is a member only event.

## VIRTUAL LEARNING OPPORTUNITIES

**YIVO Institute for Jewish Research** is a research institute, an institution of higher learning, an adult education organization, a cultural organization, and a world-renowned library and archive. Their mission is to preserve, study, share, and perpetuate knowledge of the history and culture of East European Jewry worldwide. YIVO offers adult education, Yiddish language programs, lectures, conferences, art exhibitions and concerts, some free and some for a fee.

<https://www.yivo.org>

Sample learning opportunities:

**Thursday Oct 19, 2023, 1:00pm** Join YIVO for a panel discussion of *The Oxford Handbook of Jewish Music Studies*. The *Oxford Handbook of Jewish Music Studies* is a handbook of Jewish music that addresses the diverse range of sounds, texts, archives, traditions, histories, geographic and political contexts, and critical discourses in the field. The thirty-one experts from thirteen countries who prepared the thirty original and groundbreaking chapters in this handbook are leaders in the disciplines of musicology and Jewish studies as well as adjacent fields. Chapters in the handbook provide a broad coverage of the subject area with considerable expansion of the topics that are normally covered in a resource of this type.

Designed around eight distinct sections—Land, City, Ghetto, Stage, Sacred and Ritual Spaces, Destruction/Remembrance, and Spirit—the range and scope of *The Oxford Handbook of Jewish Music Studies* most significantly suggests a new framework for the study of Jewish music centered on spatiality and taking into consideration temporality and collectivity. Together the chapters form a truly global look at Jewish music, incorporating studies from Central and East Asia, Europe, Australia, the Americas, and the Arab world.

**Thursday Oct 26, 2023, 1:00pm** *Mixed Sex Dancing and Jewish Modernity* book talk. Dances and balls appear throughout world literature as venues for young people to meet, flirt, and form relationships, as any reader of *Pride and Prejudice*, *War and Peace*, or *Romeo and Juliet* can attest. The popularity of social dance transcends class, gender, ethnic, and national boundaries. In the context of nineteenth- and twentieth-century Jewish culture, dance offers crucial insights into debates about emancipation and acculturation. While traditional Jewish law prohibits men and women from dancing together, Jewish mixed-sex dancing was understood as the very sign of modernity—and the ultimate boundary transgression.

Writers of modern Jewish literature deployed dance scenes as a charged and complex arena for understanding the limits of acculturation, the dangers of ethnic mixing, and the implications of shifting gender norms and marriage patterns, while

simultaneously entertaining their readers. In this book, Sonia Gollance examines the specific literary qualities of dance scenes, while also paying close attention to the broader social implications of Jewish engagement with dance. Combining cultural history with literary analysis and drawing connections to contemporary representations of Jewish social dance, Gollance illustrates how mixed-sex dancing functions as a flexible metaphor for the concerns of Jewish communities in the face of cultural transitions.

Also, check out the Events Recorded section.

**THE NATIONAL LIBRARY OF ISRAEL** (<https://www.nli.org.il/>)

Read articles, listen to music and attend online events.

**AMERICA-ISRAEL FRIENDSHIP LEAGUE** (<https://aifl.org/events>)

Participate in events about Israel's entrepreneurship, culture, medical research, environmental protection initiatives, and so much more.

**URJ** (<https://reformjudaism.org/>) – choose the calendar tab

*A Time for Every Experience: A Week of Kohelet/Ecclesiastes*

During the week-long fall festival of Sukkot traditionally we read and engage with the book of Kohelet (Ecclesiastes). This year we have the unique opportunity to journey through the entire book over the festival of Sukkot as pairs of Rabbis from small congregations from across North America collaborate to offer a daily lesson from Kohelet. Each day, (Sunday October 1st to Friday October 6th) at different times, a different partnership of Rabbis will lead a discussion on pieces of this book of Wisdom. Join us on Zoom for one or all sessions. Register here

<https://urj.tfaforms.net/901?id=7014u000001dyKn>,

You can view the Teaching Schedule here: [https://issuu.com/tbsvero/docs/kohelet\\_5784\\_study?fr=xKAE9\\_zU1NQ](https://issuu.com/tbsvero/docs/kohelet_5784_study?fr=xKAE9_zU1NQ)

### **Learn to Read Hebrew for Adults**

Now enrolling for cohorts beginning in October!

Learn the shapes and sounds of the Hebrew alphabet in this ten-session course, with a warm and supportive educator to guide you and a group of classmates through practicing together. This class assumes no prior Hebrew knowledge.

### **Reading Hebrew Prayers**

Register now for cohorts beginning in September or November 2023.

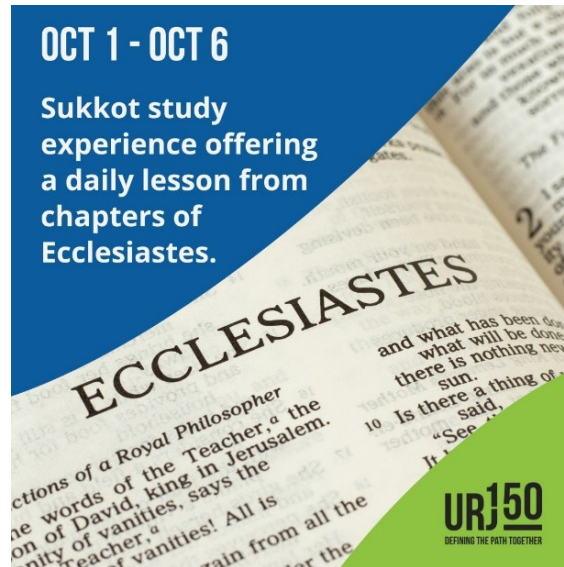
Continue your Hebrew learning in a new six-session course which focuses on reading and understanding key prayers in the Shabbat evening service.

Designed for Learn to Read Hebrew alumni, this course is open to anyone interested in exploring the meaning of Hebrew prayers.

### **Pursuing Justice**

October 25 and November 1, 2023, 8 – 9:15 p.m. Eastern





### *A Time for Every Experience: A Week of Kohelet/Ecclesiastes*

During the week-long fall festival of Sukkot traditionally we read and engage with the book of Kohelet (Ecclesiastes). This year we have the unique opportunity to journey through the entire book over the festival of Sukkot as pairs of Rabbis from small congregations from across North America collaborate to offer a daily lesson from Kohelet. Each day, (Sunday October 1st to Friday October 6th) at different times, a different partnership of Rabbis will lead a discussion on pieces of this book of Wisdom. Join us on Zoom for one or all sessions.

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IF YOU SEE SUSPICIOUS OR CONCERNING ACTIVITY, please contact local law enforcement and/or the relevant suspicious activity reporting authority.

Another way we've committed to combating antisemitism and hate in the Lowcountry is through the creation of the first **Joint Incident Reporting Tool**, in partnership between our Federation, the ADL Southeast, and Secure Community Network. Now, when you witness an act of hate, you can report it so that all three organizations can collaboratively respond, investigate, and track patterns of similar incidents around the state.





*The **Secure Community Network (SCN)**, a 501(c)(3) nonprofit, is the official homeland safety and security organization of the Jewish community in North America. Founded in 2004 under the auspices of The Jewish Federations of North America and the Conference of Presidents of Major American Jewish Organizations, SCN serves as the central organization dedicated exclusively to the safety and security of the American Jewish community, working across 146 federations, 50 partner organizations, over 300 independent communities, and other partners in the public, private, nonprofit, and academic sectors. SCN is dedicated to ensuring that Jewish organizations, communities, life, and culture can not only exist safely and securely, but flourish. Learn more at [securecommunitynetwork.org](http://securecommunitynetwork.org).*

Temple Shalom  
4023 Belle Terre Blvd.  
Myrtle Beach, SC 29579

Temple Shalom is a 501(c)3 nonprofit organization, Federal Tax ID# 20-3142057

# October 2023

## 16 TISHREI – 16 CHESHVAN

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1       16 TISHREI	2       17 TISHREI	3       18 TISHREI	4       19 TISHREI	5       20 TISHREI	6  Service: 7:30PM     21 TISHREI	7       10:30 Service     22 TISHREI
8       23 TISHREI	9       24 TISHREI	10       25 TISHREI	11       26 TISHREI	12       27 TISHREI	13  Service: 7:30PM     28 TISHREI	14       29 TISHREI
15       30 TISHREI	16       1 CHESHVAN	17       2 CHESHVAN	18       3 CHESHVAN	19       4 CHESHVAN	20  services : 7:30PM     5 CHESHVAN	21       Service: 10:30AM     6 CHESHVAN
22       7 CHESHVAN	23       10:30AM via Zoom Learning session    8 CHESHVAN	24       9 CHESHVAN	25       10 CHESHVAN	26       11 CHESHVAN	27  Service: 7:30PM     12 CHESHVAN	28       13 CHESHVAN
29       14 CHESHVAN	30       15 CHESHVAN	31       16 CHESHVAN				



## DONATIONS AND DEDICATIONS TO TEMPLE SHALOM

*Donations to Temple Shalom can be made in several ways and are greatly appreciated.*

- MEMORIAL BOARD PLAQUES** are a great way to remember someone perpetually. Every year, on their Yahrzeit (anniversary of death), the person will be remembered in regular services. Available to and for members only.  
 Cost: \$200.00  
     ▪ \$100.00 deposit required  
     ▪ takes at least 6 weeks  
 Name on plaque: \_\_\_\_\_  
 Date of death (English): \_\_\_\_\_ We will figure Hebrew date.
- TREE OF LIFE PLAQUES (LEAF)** commemorates special events such as birthdays, anniversaries, graduations, and other life events we want to celebrate. Available to members only.  
 Cost: \$50.00 – small leaf                      OR                      \$75.00 – large leaf  
 Inscription: \_\_\_\_\_
- HIGH HOLIDAY DONATION** is a great way to make an annual donation to Temple Shalom for any amount. Available to all.
- CHAI CLUB OF TEMPLE SHALOM** is a unique way to support Temple Shalom with a donation of \$18 per month per individual. The club is open to everyone. This can be set up on a monthly pay basis or \$216.00 per year. There are no club meetings or responsibilities. Available to all.
- Yahrzeit** is a wonderful way to remember loved ones who have gone before us and can be in any amount. Congregation members receive notices prior to Yahrzeit observances. Available to all.  
 Yahrzeit for whom: \_\_\_\_\_  
 Relationship to Donor: \_\_\_\_\_
- IN MEMORY/HONOR OF** is a tribute on behalf of someone who was/is special in your life and can be in any amount. Available to all.  
 In Memory/Honor (circle one) of: \_\_\_\_\_  
 Relationship to Donor: \_\_\_\_\_
- GENERAL DONATION** is a way to support Temple Shalom and is a mitzvah (good deed). Available to all.

*Please take a moment to select your donation(s), write a check, and mail it to Temple Shalom, or use PayPal.*

NAME: \_\_\_\_\_  
 ADDRESS: \_\_\_\_\_  
 \_\_\_\_\_

PLEASE MAKE ALL CHECKS PAYABLE TO TEMPLE SHALOM.  
 IF YOU WOULD LIKE TO PAY VIA CREDIT/DEBIT CARD, PLEASE GO TO DONATIONS  
 PAGE ON OUR WEBSITE – [www.TempleShalomMB.org](http://www.TempleShalomMB.org).

## THANK YOU FOR YOUR GENEROUS DONATION!

TEMPLE SHALOM  
 A Reform Congregation  
 Tax ID #20-3142057

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