

A Letter from the President February 2024

I have been doing a balance class on YouTube (Fabulous 50s Exercises Balance <u>https://www.youtube.com/watch?v=RhHGxYzcBY0&t=1238s</u>) taught by Schellea Fowler. Halfway through the session, she says: "It's time to think about 3 good things that have happened to you today... They don't have to be big things but you putting your attention on them will make them expand."

A few weeks ago, a newsletter from <u>https://changethatup.com</u> focused on Gratitude. "Research has shown that practicing gratitude can: Elevate your mood, reduce feelings of depression, help you feel more connected, help you become a better, more likeable, more trustworthy person, lower levels of inflammation, reduce anxiety, boost energy levels, reduce the severity/symptoms of illness, improve your sleep. Helps you develop stronger bonds and relationships. Simply put, giving thanks can make you happier, and by helping you get outside of yourself, stop being self-centered, and become other-focused, gratitude can help you get away from ruts, setbacks, and self-pity. It may also make you more successful."

What does this have to do with Temple Shalom?

On Shabbat morning, we begin services by reading "Nisim B'Chol Yom – Prayers for Daily Miracles" from the Reform Siddur, <u>Mishkan T'Filah.</u> This series of prayers thanks G-d for the blessings bestowed upon us including being free and being a Jew. I am grateful to all of those who have fought, both physically and intellectually for the freedom that allows me to live and worship publicly as a Jew.

I am grateful to Lily Ann and Ze'ev Revitch for founding Temple Shalom in Myrtle Beach where I practice Judaism in the Reform tradition. I am grateful to all of the past Presidents, as well as past & current Board members, committee chairs and volunteers. They all have worked and continue to work to make Temple Shalom a viable congregation. I am grateful to Rabbi David and our lay leaders for conducting services every Friday night, two Saturdays a month, and holidays. I am grateful to everyone who has been attending services regularly so anyone who needs to can say Kaddish.

Temple Shalom is a good thing that has happened to me, and I hope to you also. The camaraderie at an Oneg or Kiddush, at lunch bunch, book club, Dine and Schmooze as well as during holiday events and other activities are all on my list of good things that have happened to me. I feel blessed to have the friendship and support of our Temple Shalom family. I am grateful to everyone who volunteers and everyone who "shows up" to support Temple activities and each other.

Michael Angier: "If you learn to appreciate more of what you already have, you'll find yourself having more to appreciate." Temple Shalom leaders, Rabbi David and congregants – I appreciate you! -- Hope Sachwald



SHABBAT SERVICES

We meet at 4023 Belle Terre Blvd., Myrtle Beach, SC 29579.

Our **Friday evening** services begin at 7:30pm. Saturday at 10:30 AM. Members who cannot physically attend Friday night or scheduled Saturday services can view services via Zoom. Contact President@templeshalommyrtlebeach.org to request a Zoom invitation.

David Weissman Rabbi

TempleShalommb.org

4023 Belle Terre Blvd Myrtle Beach, SC 29579 (843) 903-ONEG (6634)

Rabbi Daniel Gordis is a senior vice president at Shalem College in Jerusalem. Well before the current war in Gaza, he wrote about a young Arabic language instructor at the college who is a religious Muslim and wears a hijab and lives in one of the Arab neighborhoods in Jerusalem. She was also a graduate student at Hebrew University and a great teacher – the students liked her a lot. She was fun and a warm person.

Now Shalem College is an ardently pro-Zionist, pro-Israel school whose students are almost all Jewish. Some of the Jewish students at the college asked this young Muslim teacher how she felt the Arab-Israeli conflict might some day be resolved. She answered as follows: *It's our land. You're just here for now.*

What upset the Jewish students was that this young teacher, an educated woman, was studying for a graduate degree – which would never happen in a Muslim country – at Hebrew University – a world class university. None of Israel's neighbors has a single highly-rated university. And this young Arab woman was working and studying at a college filled with Jews who admired her, liked her and treated her as they would any other colleague. Yet, she still believed that when it's all over, the situation will be resolved by Israel's no longer existing as a nation. Even this woman, who lived a life filled with opportunities she would never have in an Arab country, still felt that at the end of the day, the Jews are nothing but colonialists whose country, Israel, must be destroyed.

It's interesting to note that many stabbings of Jews in Israel have been carried out not by Arabs living in so-called occupied areas of the West Bank, but in Israel proper by Israeli Arabs. Jews have been stabbed in the streets, on buses and in malls by Israeli Arabs. The attackers haven't been Arabs living in refugee camps, but Israeli Arabs – who have access to Israeli health care, Israeli education, Israel's free press and right of assembly, Israel's protection of the rights of gays and lesbians – Israeli Arabs who are Israeli citizens.

So this is really a conflict not about borders, but about Israel's very right to exist. The Arab world is still committed to driving the Jews out of the Middle East – committed to the destruction of the State of Israel. The ultimate goal of Israel's enemies remains the destruction of the Jewish state. So from the Arab perspective, any agreement with Israel for the creation of a separate Palestinian State would just be a temporary agreement. For to the Arabs, the creation of a Palestinian State is just an intermediate goal. It's not the end goal. The end goal, as stated openly by Iran, is to wipe Israel off the map.

Opponents of Israel claim that Israel isn't flexible enough in its willingness to negotiate for the creation of an independent Palestinian State, that if Israel was more reasonable, there could be peace and the end to violent Arab protests. But until the Arabs give up their ultimate goal of wiping Israel off the face of the earth, there is no incentive for Israel to grant meaningful concessions. When your enemy's goal is just to destroy you, what incentive is there to give up land when you know your enemy will never be satisfied until you cease to exist?

Rabbi David Weissman

What's Happening at Temple Shalom February 2024

Friday 02/02/2024Shabbat services followed by an OnegSaturday 02/03/2024Shabbat services followed by a KiddushFriday 02/09/2024Shabbat services followed by an Oneg

Friday 02/16/2024 Shabbat services followed by an Oneg

Saturday 02/17/2024 Shabbat services followed by a Kiddush

Friday 02/23/2024 Shabbat services followed by an Oneg

SAVE THE DATE

Our next MAH JONGG MARATHON is Thursday, FEBRUARY 22. Please see the flyer for information on attending.

On Sunday, March 3, we will be holding a breakfast at 10:30 A.M. followed by a CPR and Stop the Bleed Training presented by a safety instructor from the Horry County Police. For more information, please call the Temple phone: <u>843-903-6634</u>.

VIRTUAL LEARNING OPPORTUNITIES

YIVO Institute for Jewish Research is a research institute, an institution of higher learning, an adult education organization, a cultural organization, and a world-renowned library and archive. Their mission is to preserve, study, share, and perpetuate knowledge of the history and culture of East European Jewry worldwide. YIVO offers adult education, Yiddish language programs, lectures, conferences, art exhibitions and concerts, some free and some for a fee. <u>https://www.yivo.org</u> Wednesday, February 21 | 1:00pm ET THE REALITY OF MYTH FOR YIDDISH WRITERS IN WEI-MAR GERMANY On Zoom. Lecture | Marc Caplan examines the historical significance and legendary allure of Weimar culture by considering three of its most significant Yiddish writers: Moyshe Kulbak, Dovid Bergelson, and Pinkhes Kahanovitch, known as Der Nister (the hidden one). Wednesday, February 28 | 1:00pm ETEAST EUROPEAN JEWISH WOMEN IN THEIR QUEST FOR A DOWRY IN THE FIRST HALF OF THE TWENTIETH CENTURY On Zoom Also, check out the Events Recorded section.

THE NATIONAL LIBRARY OF ISRAEL (<u>https://www.nli.org.il/</u>) Read articles, listen to music and attend online events. AMERICA-ISRAEL FRIENDSHIP LEAGUE (<u>https://aifl.org/events</u>) Participate in events about Israel's entrepreneurship, culture, medical research, environmental protection initiatives, and so much more.

URJ ((<u>https://reformjudaism.org/</u>) - choose the calendar tab

Are you a foodie? Check out The Jewish Food Society at <u>https://www.jewishfoodsociety.org/</u> for interesting stories and recipes. Also visit Jamie Geller at <u>https://jamiegeller.com/author/jamie-geller</u> and Jewlish at <u>https://aish.com/jewlish/recipes</u>.

The Forward -- founded in 1897 as a Yiddish-language daily, the *Forward* soon became a national paper, the most widely read Jewish newspaper anywhere. The English *Forward* was launched as a weekly in 1990 and moved to fully digital publication in 2019. The *Forward* delivers incisive coverage of the issues, ideas and institutions that matter to American Jews. Its rigorous reporting and balanced commentary on politics, arts and culture have won numerous awards year after year and made it the most influential nationwide Jewish media outlet. It is currently free and available to everyone everywhere.

Music

Tchavolo Swing by Jacob's Ladder <u>https://www.youtube.com/watch?v=mZpSgZfByAI</u> Esa Einai by Nefesh Mountain <u>https://www.youtube.com/watch?</u> v=ZWD9xyWO0vY&list=RDZWD9xyWO0vY&start_radio=1

Mi Shebeirach by Debbie Friedman <u>https://www.youtube.com/watch?</u> v=pHKo3CjuzpY&list=RDZWD9xyWO0vY&index=3

Oseh Shalom - A Prayer for Peace by Joe Buchanan <u>https://www.youtube.com/watch?</u> <u>v=x_aDxU4GUt4</u>

That Shabbos Feeling! (a "Can't Stop The Feeling!" adaptation for Shabbat) by Six13 <u>https://</u> www.youtube.com/watch?v=T_L_1wuOqLQ

ART

#ExtraordinaryStories | École de Paris 1905 - 1939, The Jewish Artists <u>https://www.youtube.com/</u> watch?v=s6Pc_ksyxq8

What Life in the Jewish Shtetl Was Like | The Jewish Story | Unpacked <u>https://www.youtube.com/</u> watch?v=JUzXk5poX78



The **Secure Community Network** (SCN), a 501(c)(3) nonprofit, is the official homeland safety and security organization of the Jewish community in North America. Founded in 2004 under the auspices of The Jewish Federations of North America and the Conference of Presidents of Major American Jewish Organizations, SCN serves as the central organization dedicated exclusively to the safety and security of the American Jewish community, working across 146 federations, 50 partner organizations, over 300 independent communities, and other partners in the public, private, nonprofit, and academic sectors. SCN is dedicated to ensuring that Jewish organizations, communities, life, and culture can not only exist safely and securely, but flourish. Learn more at securecommunitynetwork.org.

Temple Shalom 4023 Belle Terre Blvd. Myrtle Beach, SC 29579

Temple Shalom is a 501(c)3 nonprofit organization, Federal Tax ID# 20-3142057

track patterns of similar incidents around the state.



MAH JONGG MARATHON

Thursday, FEBRUARY 22, 2024

at 4023 Belle Terre Blvd.* (Near Forestbrook & Rt. 501 with *parking and entrance behind the building*)

Doors open at 9:30 a.m. - Games start at 10:00 a.m.

COFFEE, MORNING SNACKS, AND A FULL CHINESE BUFFET LUNCH IS INCLUDED We will follow CDC guidelines when serving the food.

There will be PRIZES and a 50/50 drawing.

Admission is \$25.00 per person. Your payment is your reservation.

SPACE IS LIMITED - RESERVE EARLY – DEADLINE is February 15, 2024 NO REFUNDS after February 15, 2024

To pay by check: Please mark the envelope or check "Mah Jongg" and mail your check to: Temple Shalom, 4023 Belle Terre Blvd., Myrtle Beach, SC 29579

To pay via PayPal: Please go to our website www.TempleShalomMB.org, click on Donations. Complete form (be sure to select Mah Jongg Marathon from drop down menu) and payment information. NOTE: There will be an additional charge to cover the PayPal processing fees.

BRING YOUR MAH JONGG SET and YOUR 2023 CARD

* Temple Shalom is firmly committed to protecting the health and safety of our members and guests. All first-time guests will be required to show their ID in order to enter the building. PLEASE DO NOT ATTEND IF YOU DO NOT FEEL WELL FOR ANY REASON.

Questions? Please call/text us at (843) 903-6634.



BAGEL NOSH and TRAINING -FAMILY FIRST AID, CPR, & STOP THE BLEED

Sunday, March 3, 2024 Bagel Nosh at 10:30 a.m.; Training at 11:00 a.m.

Please join us for FAMILY FIRST AID, CPR, and STOP THE BLEED TRAINING. ALL are welcome.*

TEMPLE SHALOM 4023 Belle Terre Blvd. Myrtle Beach, SC 29579 Reservations and pre-payment* (if applicable) are required.

Julian "Duke" Brown of Horry County Police Department will train all members of Temple Shalom and preregistered guests to prepare us to respond to emergencies, illness, and events that require some advanced training in first aid, CPR, and bleeding. There will NOT be mouth-to-mouth resuscitation or getting on the floor. We will learn to identify signs and symptoms of impending issues. Duke will discuss what information you should gather in advance and always have available for EMS services as well as how to control bleeds using tourniquets and bandaging properly and effectively. For many years, Duke has trained airport personnel, lifeguards, and all HCPD personnel.

We appreciate the assistance from HCPD Chief Joe Hill and Mark Martin who helped to connect us with Duke.

Cost of Bagel Nosh Per Person Members - FREE Guests - \$5.00*

Cost of Training Per Person Members - FREE Guests - FREE LAST DAY FOR RESERVATIONS: Wednesday, February 28, 2024

Email Hope at TempleShalomMBPresident@gmail.com or call/text (843) 903-6634 to make your reservation then, IF you are a Guest attending Bagel Nosh, complete the form below and mail it in along with your payment. If you prefer to pay with a credit/debit card, please go to our www.TempleShalomMB.org, select Donations, and complete the form making sure that you type in the name of this event where appropriate.

BAGEL NOSH RESERVATIONS

Please send completed form and your payment to: TEMPLE SHALOM, 4023 Belle Terre Blvd., Myrtle Beach, SC 29579

Name:

Email:

at \$5.00 per person No. of Guests:

\$ (Optional) General Donation:

Total Enclosed: s

RESERVATIONS MUST BE RECEIVED BY FEBRUARY 28, 2024

Temple Shalom is firmly committed to protecting the health and safety of our members and guests. All first-time quests will be required to show their ID in order to enter the building. PLEASE DO NOT ATTEND IF YOU DO NOT FEEL WELL FOR ANY REASON.

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February 2024 Shevat 22 - Adar 20

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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Donations to Temple Shalom can be made in several ways and are greatly appreciated.

	MEMORIAL BOARD PLAQUES are a great way to remember someone perpetually. Every year, on their Yahrzeit (anniversary of death), the person will be remembered in regular services. Available to and for members only. Cost: \$200.00 \$100.00 deposit required takes at least 6 weeks Name on plaque:						
	Date of death (English): We will figure Hebrew date. TREE OF LIFE PLAQUES (LEAF) commemorates special events such as birthdays, anniversaries,						
	graduations, and other life events we want to celebrate. Available to members only.						
	Cost: \$50.00 – small leaf OR \$75.00 – large leaf Inscription:						
	HIGH HOLIDAY DONATION is a great way to make an annual donation to Temple Shalom for any						
	amount. Available to all.						
	CHAI CLUB OF TEMPLE SHALOM is a unique way to support Temple Shalom with a donation of \$18						
	per month per individual. The club is open to everyone. This can be set up on a monthly pay basis or \$216.00 per year. There are no club meetings or responsibilities. Available to all.						
	 YAHRZEIT is a wonderful way to remember loved ones who have gone before us and can be in any amount. Congregation members receive notices prior to Yahrzeit observances. Available to all. Yahrzeit for whom: 						
	Relationship to Donor:						
	IN MEMORY/HONOR OF is a tribute on behalf of someone who was/is special in your life and can						
	be in any amount. Available to all.						
	In Memory/Honor (circle one) of:						
_	Relationship to Donor:						
	GENERAL DONATION is a way to support Temple Shalom and is a mitzvah (good deed). Available to all.						
Plea NAME:	ase take a moment to select your donation(s), write a check, and mail it to Temple Shalom, or use PayPal.						

ADDRESS:

PLEASE MAKE ALL CHECKS PAYABLE TO TEMPLE SHALOM. IF YOU WOULD LIKE TO PAY VIA CREDIT/DEBIT CARD, PLEASE GO TO DONATIONS PAGE ON OUR WEBSITE – www.TempleShalomMB.org.

THANK YOU FOR YOUR GENEROUS DONATION!

TEMPLE SHALOM A Reform Congregation Tax ID #20-3142057 4023 Belle Terre Blvd. Myrtle Beach, SC 29579 TempleShalomMB.org (843) 903-ONEG (6634)

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