



WHAT'S NORMAL AGING VS. WHAT'S NOT NORMAL AGING: AN OVERVIEW OF TYPICAL AND ATYPICAL AGING PROCESSES

Sunday, February 23, 2025, at 2:00 p.m.

Public is Welcome – PLEASE SHARE*

Please join us as we welcome Abby Berjansky, Community Engagement & Volunteer Coordinator, from Lower Cape Fear LifeCare who will discuss What's Normal Aging vs. What's Not Normal Aging: An overview of typical and atypical aging processes. She will also touch on the types of dementia.

There is no charge for this workshop, however, we suggest a donation of at least \$5 per person. You may bring a check made out to Lower Cape Fear LifeCare or cash. A basket will be set out to collect all donations.

Location of workshop:

TEMPLE SHALOM
4023 Belle Terre Blvd.
Myrtle Beach, SC 29579

Reservations are required prior to February 19, 2025.

To Register:

Please email Hope at TempleShalomMBPresident@gmail.com or call/text (843) 903-6634 to make your reservation.

Temple Shalom is firmly committed to protecting the health and safety of our members and guests.

****All first-time guests will be required to show their ID in order to enter the building.***

PLEASE DO NOT ATTEND IF YOU DO NOT FEEL WELL FOR ANY REASON.